## SNDT Women's University, Mumbai

## **Celebration of International Youth Day**

### Inauguration of Counselling Centre

## **One Day Seminar on Personal and Career Counseling**

# **Inaugural function**

**Date** : 12<sup>th</sup> August 2014 **Venue**: Committee Room, SNDTWU, Churchgate

Time	Program	
10.00-10.05 am	Welcome by Dr. Thakre	
10.05-10.10 am	Lighting of the lamp	
10.10-10.25 am	Formal welcome and introduction of Counseling Center : Prof. Anuradha Sovni, Head Dept of Psychology	
10.20-10.25 am	Introduction of the Guest of Honour Dr. Anand Nadkarni	
10.25-10.45	Address by the Guest of Honour on International Youth Day	
	Dr. Anand Nadkarni	
10.45-10.50	Introduction of the Chief Guest Shri D P Sawant, Hon'ble Minister of State, Dept of H &TE, Government of Maharashtra	
10.50-11.10 am	Inauguration of Conselling Centre	
	Address by the Chief Guest	
	Hon'ble Shri D P Sawant	
11.10-11.15 am	Introduction of Prof. Vasudha Kamat, Vice Chancellor	
11.15-11.25 am	.25 am Presidential address by	
	Prof. Vasudha Kamat	
11.25–11.28 am	Vote of thanks	
	Dr. Mrinalini Purandare	
11.28-11.30 am	National Anthem	

## **One Day Seminar on Personal and Career Counseling**

### Business Session I: Personal Counseling (12 to 1.30 pm)

Chair: Dr. Vandana Chakrabarti, Pro-Vice Chancellor, SNDTWU

Panelists	Торіс
Dr. Ashit Sheth (Consulting Psychiatrist)	Counseling GenNext: Challenges and Opportunities
Dr. Shubha Thatte (Consulting Psychiatrist)	Strengths and Limitations of Individual Assessment and Counseling in India: Sharing my experiences
Dr. Anand Nadkarni (Managing Trustee, Consultant, IPH, Thane)	Effective strategies to sustain vibrant mental health programs

#### Lunch break (1.30 to 2.00 pm)

#### Business Session II: Career Counseling (2 to 3.30 pm)

Chair: Dr. Madhura Kesarkar, BCUD Director, SNDTWU

Panelists	Торіс
Swati Salunkhe (Director, Growth Center.	Career counseling, then and now: Shifting
Columnist.)	scenarios in the global world
Dipali Divekar (I/C A.V.G.O.	Career decisions of the youth of today and
I.V.G.S.Mumbai)	the importance of counseling
Sangeeta Nimbalkar (Counselor Mhasakant	Role of assessment and career counseling in
Vidyalay. Akurdi, Pune.)	vocational choice.

#### Valedictory Function: 3.30 to 4.30 pm

Chair: Dr. S. Kumudhavalli, Registrar, SNDTWU

4.30 pm : Tea