

SOFIA EDROOS

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Science, Mathematics, Leadership & Psychology Teaching Expert | Curriculum Planning & Student Mentoring Specialist | Master's Research Guidance Expertise | ISSA (Indian Social Science Academy) Member

PROFILE

Experience: Adroit **Education Management Professional** owning **14+ years** of progressive experience in teaching research and service in the area of **Science, Mathematics, Leadership and Psychology** combined with a focus on student achievement with a passion for scholarly work, presenting & publishing at conferences, and maintaining thought leadership in peer-reviewed journals.

Core Competency: Adept at delivering **educational assistance** and instructions related to various levels of learners, and promptly guiding pupils to achieve academic goals. Liaise as an **SME (Subject Matter Expertise)** and exhibits a great practical knowledge through conduction of various experiments, intended in innovating new learning techniques that would accustom pupils to quickly take and hold varied concepts of science & mathematics. Deft at devising & assisting career development programs, implementation, and documentation for students

Value Offered: Hands-on experience in **counselling & mentoring students**, and engaging oneself in creating **innovative and easy learning techniques** for the pupil. A **perceptive educator** with a solid record of accomplishment in attaining and surpassing institutional & student goals, staying on top of trends in academics to meet up the advancing demands in the education domain.

Personal Attributes: Proficient in supervising applied learning experiences, evaluating student achievements, developing curriculum, formulating **policies & procedures**, and **evaluating program** effectiveness.

Global Exposure

Gained exposure to a **global culture** includes working in the **United Arab Emirates** and the **United Kingdom** as a Teacher

AREAS OF EXPERTISE

Curriculum Development • Training & Mentoring • Assessment & Evaluation • Student Management • Classroom Management • Teaching Management • Student Performance Management • Effective Communication Skills • Student Counselling • Creative Lesson Planning • Creative Learning Methodologies • Demonstration Skills

CAREER HISTORY

Dec 2023 – Present	Clock Hour Basis Assistant Professor Sophia College (Autonomous), Mumbai
Dec 2017 – Oct 2023	Assistant Professor Aishabai College of Education, Mumbai
Sept 2013 – Jun 2014	Teacher GEMS Westminster School, Sharjah, United Arab Emirates
Jun 2011 – Aug 2013	Teacher Diamond Jubilee High School (ICSE) Mumbai
Jun 2010 – Jan 2011	Supervisor University of East London, United Kingdom
Jun 2004 – May 2007	Teacher Tiny Blossoms, Mumbai

OVERALL KEY DELIVERABLES

- ❑ Proficiently coordinate various departmental duties and provide academic support to students
- ❑ Regularly provide feedback on student's academic performance
- ❑ Spearhead and mentor students on individual research projects
- ❑ Provide lectures on Science, Mathematics, Psychology, Childhood and Growing-Up, Knowledge and Curriculum
- ❑ Plan and execute visits, field studies, and special activities associated with the curriculum

- Regularly provide feedback on student's academic performance
- Organise internal tests and encourage students to participate in co-curricular and extra-curricular activities
- Oversee Master's degree students for their research project
- Participate in faculty & departmental meetings to impart concerns or provide suggestions for improvement
- Conduct internal tests and encourage students to participate in co-curricular and extra-curricular activities
- Implement school policies, procedures, and practices as per the philosophy, values, and mission

SCHOLASTIC & ACCREDITATION

Currently pursuing	Doctor of Philosophy in Education
	SNDT Women's University, Mumbai, India
2024	Post Graduate Diploma in Education Management (PGDEM)
	SNDT Women's University, Mumbai, India
2023	Diploma in Early Child Care Education (D.ECC.Ed), Mumbai, India
2020	NET Cleared
2017	Master of Education, Pune University, Maharashtra, India
2012	Bachelor of Education, Mumbai University, Maharashtra, India
2010	Master of Science, University of East London, United Kingdom
2001	Bachelor of Science, Mumbai University, Maharashtra, India

PRIOR EXPERIENCE

- As a Teaching Assistant at Norlington Boys School, London, United Kingdom, Jun 2009 – Jul 2009
- As a Laboratory Technician at SDC, Mumbai, India from Jan 2003 – Mar 2004

RESEARCH PUBLICATIONS

- Presented a research paper titled "**Exploring the implementation challenges and stakeholder experiences of NEP 2020**" at National Level Conference of NEP 2020- Insights & Opportunities, organised by Ashoka International Centre for Educational Studies & Research, Nashik, March 2025.
- Presented a research paper titled "**Inclusive Leadership through the lens of NEP 2020**" at the **National Level Seminar on National Education Policy 2020**, organised by PVDT college of Education for Women, SNDT University in collaboration with ICSSR. (Indian Council of Social Science Research), Apr 2022
- Published a research paper titled "**Reducing Barriers in Education through Inclusive Leadership**" in **AMIERJ, Vol XII, Issue III, ISSN- 2278-5655**
- Published a research paper titled "**Institutional Climate and Inclusive Leadership: A theoretical perspective**" in **AMIERJ, Vol XII, Issue V, ISSN- 2278-5655**

KEY FOCUS AREAS

Psychology | Philosophy | Sociology | Curriculum Studies | Guidance & Counselling | Research Methodology | ICT | Educational Evaluation | Medical Micro Biology Pathogenesis & Control | Bioinformatics | Individual Research Project | Biochemistry | Immunology | Industrial Micro Biology | Food Production & Preservation