

# SNDT Women's University

## Department of Students' Development

1st Floor, Above Patkar Hall,  
1, Nathibai Thackersey Road,  
MUMBAI-400 020.



श्रीमती ना. दा. ठाकरसी महिला विद्यापीठ  
विद्यार्थी विकास विभाग

पहिला मजला, पाटकर हॉल बिल्डींग,  
१, नाथीबाई ठाकरसी मार्ग,  
मुंबई-४०००२०.

Telephone : 2203 1879 Ext. 260 • Direct : 022-2207 2209 / 2201 8893 Uni. Fax : 9122-22018226 SNDT  
Email id :- dsw@sndt.ac.in • Website : www.sndt.ac.in

Ref.No.DSD/2024-25/ 80.

October 01, 2024

To,  
The Principals/ HODs/Directors  
of Affiliated & Conducted Colleges/ Departments/Institutes  
SNDT Women's University,  
Mumbai-20.

Sub: About the celebration of "Mental Health Day" on October 10, 2024 & Digital Poster making competition.

Dear Sir/Madam,

SNDT Women's University, Department of Psychology & Department of Students' Development jointly celebrates "Mental Health Week" from October 07-10, 2024.

In this context the Inaugural program scheduled on October 10, 2024 at 10.30 am to 12.00 pm at Patkar Hall, Churchgate Campus. The program followed by panel discussion & announcement of poster making competition, Skit, Quiz competition etc.

We're honored to host Prof. Dr. Ujawala Chakradeo, Hon'ble Vice-chancellor, SNDT Women's University will presided over and Dr. Harish Shetty, Renowned Psychiatrist, Mumbai is the Chief Guest & Ms. Kripa Shetty, CHRO, Defense, Aero Trucks & Buses & CE Businesses Mahindra & Mahindra will be guest of honor of the program.

**The Digital Poster Making Competition on theme "Digital Detox for Mental Health & Mental Health" in Work Place A3 size poster will be accepted till 5<sup>th</sup> October, 2024, 2.00pm – 4.00pm. Please mention name, class, contact number & college name on the back of your poster.**

All the Posters will be displayed at the Poster Exhibition at SNDT Churchgate Campus.

You are requested to kindly join the Inaugural Ceremony "Mental Health Day" with your students & staff on large scale. Your presence will enrich this Mental Health awareness Celebration. Kindly send 30 students from your college for the program.

Thanking you,

Yours sincerely,

Dr. Nitin S. Prabhutendolkar  
Asst. Dean of Students'  
Department of Students' Development