

SNDT Women's University
Department of Students' Development

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Mumbai - 400 020.



श्रीमती ना. दा. ठाकरसी महिला विद्यापीठ

विद्यार्थी विकास विभाग

पहिला मजला, पाटकर हॉल इमारत,
१, नाथीबाई ठाकरसी मार्ग,
मुंबई - ४०० ०२०.

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Ref.No.DSD/Mental Health Week 2026-27/121.

October 03, 2026

To,
The Principals/ HODs/Directors
of Affiliated & Conducted Colleges/ Departments/Institutes
SNDT Women's University,
Mumbai-20.

Sub: About the celebration of "**World Mental Health Day**" on October 13, 2026

Dear Sir/Madam,

The Department of Psychology in collaboration with Department of Students' Development, L.T College of Nursing, Churchgate & Rotary Club of Mumbai, Mahim is celebrating "**Mental Health Week**" from **6th to 13th October 2026** at **SNDT Women's University, Churchgate**.

The World Mental Health Day Celebration is scheduled on **13th October, 2026**, from 11:00 a.m. to 5:00 p.m. at **Sir Sitaram and Lady Shantabai Patkar Hall, SNDTWU, Churchgate Campus**. The event will include an inaugural ceremony presided by **Prof. Hemlata K. Bagla**, Hon'ble Acting Vice-Chancellor of SNDT Women's University, followed by an interactive session with the Chief Guest, **Dr. Harish Shetty, Renowned Psychologist Mumbai & Prof. Dr. Shubhangi Raghunath Parkar, Renowned Psychiatrist, Mumbai**. The celebration will also have engaging activities organized by students such as skit, dance performance and singing.

You are requested to kindly join the celebration of "**World Mental Health Day**" with your students & staff on large scale. Your presence will enrich this **Mental Health awareness Celebration**. Kindly **send 50 students at 10.30 am** from your college for the program and kindly send the list of students along with their class and department.

Thanking you,

Yours sincerely,

Dr. Nitin S. Prabhutendolkar
Dean of Students' (Addl. Ch.)

Department of Students' Development